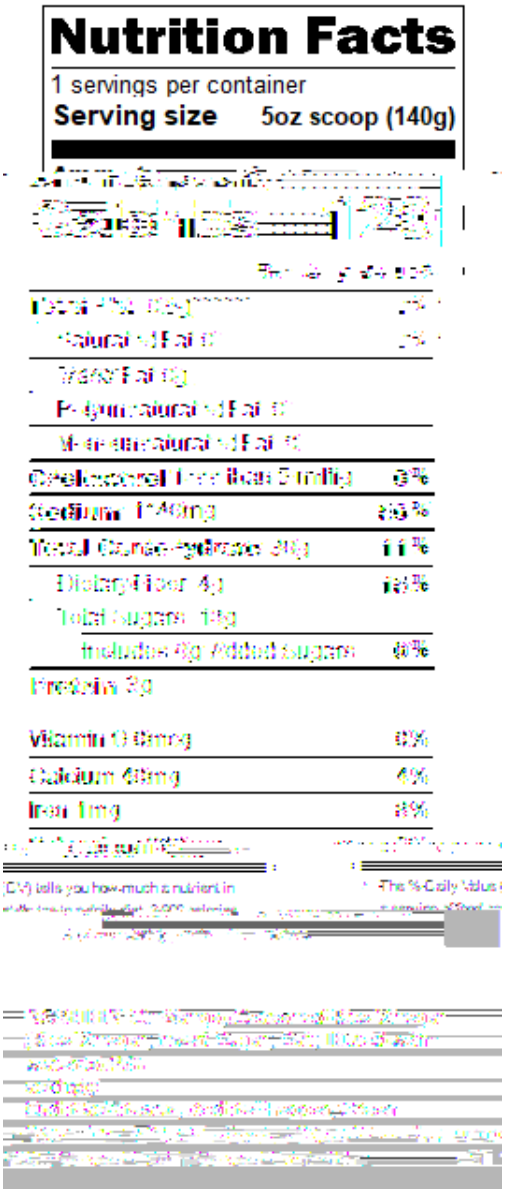
Mango and Black Bean Salad
5oz scoop



Nutrition Facts

1 servings per container

Serving size 5oz scoop (140g)

Calories 170 (710kJ)	9%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 30g	11%
Dietary Fiber 4g	14%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 1mg	8%

(DV) tells you how much a nutrient in

* The % Daily Value